

APPENDIX O

COMBAT STRESS CONTROL ACTIVITIES BY PHASE OF THE OPERATION

As in war, the primary mission of the AMEDD CSC assets is to assist leaders with sustaining mission focus and promoting positive combat behaviors; these behaviors include unit cohesion, vigilance, perseverance, and good discipline. Leaders must prevent misconduct stress behaviors, since serious misconduct, once committed, demands firm punitive action. Suicide prevention programs must be continued in stability and support operations. Sound leadership can prevent BF (or conflict fatigue). Further, should BF occur, strong leadership assures the soldiers rapid recovery in the unit. However, even soldiers who perform heroically throughout critical events can develop post-traumatic stress problems months to years later. The stresses of long deployments disrupt normal habits and family relationships. The CSC mission assists units with debriefings and management of critical events and with homecoming and reintegration. The DOD (Health Affairs) may continue to require MH screening of all personnel prior to redeployment from the theater (as in Operation Joint Endeavor), as part of the PVNTMED surveillance program. Table O-1 provides information on CSC activities by phase of the operation.

Table O-1. Combat Stress Control Activities

PREDEPLOYMENT	<ul style="list-style-type: none"> • BRIEF CSC MISSION AND ASSETS TO ALL UNITS. • GIVE SELECTIVE STRESS MANAGEMENT TRAINING. • ASSIST AO CULTURAL AND HISTORICAL TRAINING. • HELP PREPARE FAMILY SUPPORT GROUPS.
IN-COUNTRY ACTIVITIES	<ul style="list-style-type: none"> • ATTEND COMMAND AND STAFF BRIEFINGS, AS APPROPRIATE. • VISIT EVERY COMPANY-SIZED UNIT BIMONTHLY. • CONDUCT ROUTINE UNIT SURVEY INTERVIEWS. • ASSIST HUMAN DIMENSION TEAMS RESEARCH, WHEN APPLICABLE. • CONTINUE EDUCATION PROGRAMS. • EVALUATE AND ASSIST DISTRESSED SOLDIERS. • PROVIDE RESTORATION TREATMENT, WHEN NEEDED.
CRITICAL EVENT RESPONSE	<ul style="list-style-type: none"> • ASSIST OR LEAD CRITICAL EVENT DEBRIEFING. • ADVISE COMMAND, CHAPLAINS, AND MEDICAL PERSONNEL ON POLICIES AND MEMORIAL SERVICES.
REDEPLOYMENT ACTIVITIES/ RETURN TO HOME STATION	<ul style="list-style-type: none"> • ENCOURAGE END OF TOUR DEBRIEFINGS AND CLOSURE BY ALL UNITS. • ASSIST WITH REUNION ACTIVITIES. • CONDUCT DOD MH SCREENINGS, AS REQUIRED.