

Volume 1 - Index

A

Acclimatization	3-50
ADS-IV	1-25
Air sampling	
CSS services	4-9
local	4-10
procedures	4-8
purpose of	4-5
source	4-6
Air supply	
air source sampling	4-6
Alveolar sacs	3-6
Alveoli	3-2, 3-6
Aorta	3-3
Aqua-Lung	1-10
Archimedes' Principle	2-13
Armored diving suits	
development of	1-7
Arterial gas embolism	3-29
Arterioles	3-2
Asphyxia	3-16
Atmospheric air	
components of	2-14
Atrium	3-2

B

Bacon, Roger	1-3
Barotrauma	
body squeeze	3-25
conditions leading to	3-21
external ear squeeze	3-24, 3-25
face squeeze	3-25
general symptoms of	3-21
inner ear	3-26
intestine	3-26
middle ear squeeze	3-21
reverse middle ear squeeze	3-25
reverse sinus squeeze	3-26
round or oval window rupture	3-27, 3-28
sinus squeeze	3-23
stomach	3-26
thoracic squeeze	3-25
tooth squeeze	3-24
Bends	
origin of name	1-6
Blood	
corpuscles	3-3
hemoglobin	3-3
platelets	3-5
white blood cells	3-5
Body squeeze	3-25
Boyle's law	2-17

Breathhold diving	
hazards of	3-19
restrictions	3-19
Breathing bags	
diving with	1-3
Breathing gas	
compressed air	
purity standards	4-4
helium	
purity standards	4-5
nitrogen	
purity standards	4-5
oxygen	
purity standards	4-4
procured from commercial source	
purity standards	4-4
Breathing resistance	
causes of	3-17
static lung load	3-17
Breathing tubes	
diving with	1-2
Browne, Jack	1-18
Buoyancy	
Archimedes' Principle	2-13
changing	2-14
water density	2-13

C

Caisson	1-5
caisson disease	1-6
Capillaries	3-2
Carbon dioxide	
production of	3-11
properties of	2-16
toxicity	3-15
Carbon monoxide	
poisoning	3-18
preventing	3-19
symptoms of	3-18
treating	3-19
properties of	2-16
Central nervous system	3-1
effects of decompression sickness on	3-44
high pressure nervous syndrome	3-45
Charles'/Gay-Lussac's law	2-19
Chokes	3-13, 3-43
Circulatory system	
anatomy of	3-2
function of	3-2
heart	3-2
pulmonary circuit	3-2
systemic circuit	3-2
Closed-circuit scuba	

history of	1-10
CNS oxygen toxicity	
causes of	3-36
convulsions	3-36
symptoms of	3-36
Coastal Systems Station	
fax number	4-9
Cochlea	3-26
Color visibility	2-6
Combat swimming	
U.S. Navy	1-14
World War II	1-13
Command Smooth Diving Log	5-2
minimum data items	5-2, 5-9
Compressed air	
purity standards	4-4
Compression pains	3-45
symptoms of	3-45
Compressors	
air filtration system	4-10
certification	4-10
lubrication	4-10
specifications	4-11
Conshelf One	1-22
Conshelf Two	1-22
Convulsions	
clonic phase	3-37
CNS	3-36
postictal phase	3-37
tonic phase	3-37
Corpuscles	3-3
Cousteau, Jacques-Yves	1-10, 1-22
Cylinders	
handling and storage	4-13
transporting	4-13

D

Dalton's law	2-25
Davis Submersible Decompression Chamber	1-20
Deane, Charles	1-4
Deane, John	1-4
Decompression sickness	3-42
direct bubble effects	3-42
treatment	3-43
indirect bubble effects	3-43
musculoskeletal	3-43
preventing	3-44
pulmonary	3-43
spinal cord	3-42
symptoms of	3-43
treatment of	3-44
Deep diving systems	
ADS-IV	1-25
components	
deck decompression chamber	1-24
personnel transfer capsule	1-24
development of	1-24

MK 1 MOD 0	1-25
MK 2 MOD 0	1-25
MK 2 MOD 1	1-26
Dehydration	3-51
preventing	3-52
Desaturation	
of tissues	3-41
Diffusion	
gas mixtures	2-27
of light	2-6
Dive Reporting System	5-10
Divers Personal Dive Log	5-9
Diving bell	
Davis Submersible Decompression Chamber	1-20
development of	1-3
Diving dress	
armored diving suits	1-7
Deanes Patent Diving Dress	1-4
development of	1-3
MK V	1-8
Siebe's Improved Diving Dress	1-4
Dry deck shelter	
technical program manager	4-2
Dyspnea	3-17
preventing	3-18

E

Ear	
external ear	
preventing squeeze	3-25
squeeze	3-24
inner ear	
cochlea	3-26
dysfunction and vertigo	3-26
vestibular apparatus	3-26
middle ear	
eardrum	3-21, 3-27
incus	3-22, 3-27
malleus	3-22, 3-27
preventing squeeze	3-23
reverse squeeze	3-25
squeeze	3-21
stapes	3-22, 3-27, 3-28
treating squeeze	3-23
Eardrum	3-21
Emergency operating procedures	
approval process	4-3
format for	4-3
non-standardized equipment	4-3
proposed changes or updates to	
submitting	4-3
standardized equipment	4-2
Emphysema	
mediastinal	3-30
subcutaneous	3-30
Energy	
classifications	

kinetic energy	2-5
potential energy	2-5
heat	2-10
conduction	2-10
convection	2-10
radiation	2-11
Law of Conservation of	2-5
light	2-5
mechanical	2-6
sound	
effects of water depth on	2-7
effects of water temperature on	2-7
transmission	2-7
types of	2-4
Equipment	
alteration of	4-2
authorized for Navy use	4-1
planned maintenance system	4-2
system certification authority	4-2
EX 14	
technical program manager	4-2
Explosions	2-8
External ear squeeze	3-24, 3-25

F

Face squeeze	3-25
Failure Analysis Report	
MK 16	5-10
MK 20 MOD 0	5-10
MK 21 MOD 1	5-10
MK 25	5-10
open-circuit scuba	5-10
Fleuss, Henry A.	1-10
Formulas	
calculating partial pressure	2-27
equivalent air depth for N ₂ O ₂ diving	
measured in fsw	2-31
equivalent air depth for N ₂ O ₂ diving	
measured in meters	2-31
estimating explosion pressure on a diver	2-9
partial pressure measured in ata	2-31
partial pressure measured in fsw	2-31
partial pressure measured in psi	2-31
surface equivalent value	2-27
T formula for measuring partial pressure	2-31

G

Gagnan, Emile	1-10
Gas laws	
Boyle's law	2-17
Charles'/Gay-Lussac's law	2-19
Dalton's law	2-25
general gas law	2-21
Henry's law	2-28
Gas mixtures	
calculating partial pressure	2-27

calculating surface equivalent value	2-27
diffusion	2-27
gases in liquids	2-28
humidity in	2-28
partial pressure	2-25
solubility	2-28
Gases	
in diving	
atmospheric air	2-14
carbon dioxide	2-16
carbon monoxide	2-16
helium	2-15
hydrogen	2-16
neon	2-16
nitrogen	2-15
oxygen	2-14
kinetic theory of	2-16
measurements	2-3
Gauges	
calibrating	4-11
helical Bourdon	4-12
maintaining	4-11
selecting	4-11
General gas law	2-21

H

Haldane, J.S.	1-7
Halley, Edmund	1-3
Heart	
anatomy of	3-2
aorta	3-3
atrium	3-2
inferior vena cava	3-2
superior vena cava	3-2
ventricle	3-2
Heat	
conduction	2-10, 3-47
convection	2-10, 3-47
excessive	3-49
excessive loss of	3-47
loss through conduction	2-11
protecting a diver from loss of	2-11
radiation	2-11, 3-47
Helium	
properties of	2-15
purity standards	4-5
Helium-oxygen diving	
origins of	1-16
Helmets	
protection from sonar	1A-2
Hemoglobin	3-3
Henry's law	2-28
High pressure nervous syndrome	3-45
Hoods	
protection from sonar	1A-2
Humidity	2-28
Hydrogen	

properties of	2-16
Hydrogen-oxygen diving	
origins of	1-18
Hypercapnia	3-15
causes of	3-15
symptoms of	3-15
treating	3-16
Hyperthermia	3-49
preventing	3-50, 3-51
symptoms of	3-50
Hyperventilation	3-13
effects of	3-20
unintentional	3-20
voluntary	3-20
Hypoglycemia	3-52
causes of	3-52
preventing	3-52
Hypothermia	3-47
effects of	3-48
signs and symptoms of	3-49
Hypoxia	3-11
causes of	3-13
preventing	3-14
symptoms of	3-13
treating	3-14

I

Incus	3-22, 3-27
Inert gases	
absorption of	3-38
Inferior vena cava	3-2
Intestinal gas expansion	3-26

K

Kelvin temperature scale	2-3
--------------------------	-----

L

Lambertsen, C. J.	1-12
Lethbridge, John	1-3
Light	
color visibility	2-6
diffusion	2-6
effects of turbidity	2-6
refraction	2-5
Lungs	
alveolar sacs	3-6
alveoli	3-2, 3-6
thoracic squeeze	3-25

M

Malleus	3-22, 3-27
Man-in-the-Sea Program	1-22
Matter	
atoms	2-1

elements	2-1
molecules	2-1
states of	2-2
Maximal breathing capacity	
definition of	3-9
Maximum expiratory flow rate	
definition of	3-9
Maximum inspiratory flow rate	
definition of	3-9
Maximum ventilatory volume	
definition of	3-9
Measurement	
absolute pressure	2-13
atmospheric pressure	2-12
barometric pressure	2-12
gas measurements	2-3
gauge pressure	2-12
hydrostatic pressure	2-13
measuring small quantities of pressure	2-27
pressure	2-12
Temperature	
Celsius scale	2-3
Fahrenheit scale	2-3
Kelvin scale	2-3
Rankine scale	2-3
Measurement systems	
English	2-2
International System of Units (SI)	2-2
Mechanical energy	
underwater explosions	2-8
Mediastinal emphysema	3-30
Middle ear	
overpressure	3-25
squeeze	3-21
preventing	3-23
treating	3-23
Mixed-gas diving	
evolution of	1-16
helium-oxygen	
origins of	1-16
hydrogen-oxygen diving	
origins of	1-18
MK 1 MOD 0	1-25
MK 16	
emergency operating procedures	4-2
Failure Analysis Report	5-10
operating procedures	4-2
static lung loading in	3-17
technical program manager	4-2
MK 2 MOD 0	1-25
MK 2 MOD 1	1-26
MK 20 MOD 0	
Failure Analysis Report	5-10
technical program manager	4-2
MK 21 MOD 1	
Failure Analysis Report	5-10
technical program manager	4-2
MK 25	
emergency operating procedures	4-2

Failure Analysis Report	5-10
operating procedures	4-2
static lung loading in	3-17
technical program manager	4-2

N

Narcosis	
nitrogen	3-32
Neon	
properties of	2-16
Nervous system	
central nervous system	3-1
peripheral nervous system	3-1
Nitrogen	
properties of	2-15
purity standards	4-5
Nitrogen narcosis	3-32
signs of	3-33
Nohl, Max Gene	1-18

O

Open-circuit scuba	
Failure Analysis Report	5-10
history of	1-9
Operating procedures	
approval process	4-3
format for	4-3
non-standardized equipment	4-3
proposed changes or updates to	
submitting	4-3
standardized equipment	4-2
Operational hazards	
explosions	2-8
Oxygen	
consumption of	3-10
deficiency	3-11
properties of	2-14
purity standards	4-4

P

Pasley, William	1-5
Peripheral nervous system	3-1
Permissible Exposure Limit (sonar)	1A-1
Platelets	3-5
Pneumothorax	3-30
simple	3-30
tension	3-31
treating	3-32
Pressure	2-12
absolute	2-13
atmospheric	2-12
barometric	2-12
expressing small quantities of	2-27
gauge	2-12
hydrostatic	2-13

indirect effects on the human body	3-32
terms used to describe	2-12
Pulmonary overinflation syndromes	3-28
arterial gas embolism	3-29
mediastinal emphysema	3-30
pneumothorax	3-30
subcutaneous emphysema	3-30
Pulmonary oxygen toxicity	3-35
Purity standards	
compressed air	4-4
helium	4-5
nitrogen	4-5
oxygen	4-4

R

Rankine temperature scale	2-3
Record keeping	
documents	5-1
Command Smooth Diving Log	5-2
Dive Reporting System	5-10
diver's personal dive log	5-9
Failure Analysis Report	5-10
objectives of	5-1
Refraction	2-5
definition of	2-5
effect on distant objects	2-5
effect on size and shape of objects	2-5
Reporting	
accidents	
criteria	5-11
required actions	5-11
equipment failure	5-10
incidents	
criteria	5-11
required actions	5-11
mishaps/casualty	5-9
objectives of	5-1
Respiration	
alveolar/capillary gas exchange	3-9
breathing control	3-10
oxygen consumption	3-10
phases of	3-5
respiratory apparatus	3-6
respiratory problems in diving	3-11
respiratory tract ventilation definitions	3-7
upper respiratory tract	3-6
Respiratory apparatus	3-6
Respiratory cycle	
definition of	3-7
Respiratory dead space	
definition of	3-9
Respiratory minute volume	
definition of	3-8
Respiratory quotient	
definition of	3-9
Respiratory rate	
definition of	3-8

Respiratory system	
respiratory tract ventilation definitions	3-7
the respiratory apparatus	3-6
upper respiratory tract	3-6
Reverse squeeze	
middle ear	3-25
sinus	3-26

S

Salvage diving	
Vietnam era	1-30
World War II	1-29
Saturation	
of tissues	3-38
Saturation diving	
Conshelf One	1-22
Conshelf Two	1-22
deep diving systems	1-24
evolution of	1-21
Genesis Project	1-22
Man-in-the-Sea Program	1-22
Sealab Program	1-22
Sealab Program	
Sealab I	1-23
Sealab II	1-23
Sealab III	1-23
Semiclosed-circuit scuba	
history of	1-12
Siebe, Augustus	1-4
Sinus	
anatomy of	3-23
overpressure	3-26
preventing squeeze	3-24
reverse squeeze	3-26
squeeze	3-23
Solubility	2-28
effects of temperature on	2-29
Sonar	
low frequency	1A-16
safe diving distance	1A-1
ultrasonic	1A-16
worksheets	1A-2
Sound	
effects of water depth on	2-7
effects of water temperature on	2-7
transmission	2-7
Sound pressure level	1A-1
Squeeze	
body	3-25
external ear	3-24, 3-25
face	3-25
middle ear	3-21
sinus	3-23
thoracic	3-25
tooth	3-24
Stapes	3-22, 3-27, 3-28
Stillson, George D.	1-26

Subcutaneous emphysema	3-30
Submarine salvage and rescue	
Deep Submergence Systems Project	1-29
USS F-4	1-26
USS S-4	1-27
USS S-51	1-27
USS Squalus	1-28
USS Thresher	1-28

Suits	
protection from sonar	1A-2
Superior vena cava	3-2
Surface-supplied diving	
origins of	1-1

T

Technical program managers	
diving apparatus	4-2
shore based systems	4-2
Temperature	
Celsius scale	2-3
converting Celsius to Kelvin	2-3
converting Fahrenheit to Rankine	2-3
Fahrenheit scale	2-3
Kelvin scale	2-3
regulating body	3-47
Thermal problems in diving	
excessive heat (hyperthermia)	3-49
excessive heat loss (hypothermia)	3-47
regulating body temperature	3-47
Thomson, Elihu	1-16
Thoracic squeeze	3-25
Tidal volume	
definition of	3-8
Tinnitus	3-26, 3-36
Tissues	
desaturation of	3-41
saturation of	3-38
Tooth squeeze	3-24
Total lung capacity	
definition of	3-8
Turbidity	2-6

U

Underwater explosions	2-8
effect of water depth on	2-8, 3-46
effects of location of explosive charge	2-8
effects of the seabed on	2-8
effects on submerged divers	2-9, 3-46
formula for estimating explosion pressure on a diver	2-9
physiological hazards from	3-45
protecting diver from	2-7, 2-10
protecting divers from	3-46
type of explosive and size of the charge	2-8
Upper respiratory tract	3-6
USS F-4	

salvage of	1-26
USS S-4	
salvage of	1-27
USS S-51	
salvage of	1-27
USS Squalus	1-28
USS Thresher	
salvage of	1-28

V

Valsalva maneuver	3-23, 3-26
VENTIDC	3-36
Ventricle	3-2

Venules	3-2
Vertigo	3-22
and inner ear dysfunction	3-26
symptoms	3-26
transient	
alternobaric	3-26, 3-27
caloric	3-22
Vestibular apparatus	3-26
Vital capacity	
definition of	3-8

